day or night 3-3454

FIRE DEPT. CALLS 3 Alarm Boxes Sunnyside Hotel - Town Hall Rainbow Garden or Phone 3-3454

POLICE DEPARTMENT ASSELE NEWS

LaSalle and Sandwich West

"News About People We All Know"

Authorized as Second Class Mail, Post Office Dept., Ottawa.



LaSalle News, LaSalle Ontario Saturday, August 22, 1953

Office Space Required Sunnyside Hotel For Dentist

long had the need for a dentist.

This need may come true if office space is made available.

The dentist would require two or three rooms for his office to be located, preferably on

Front Road.

Anyone knowing of such available space, please contact
Mr. Louis Pajot, 2-7722.

La Salle Youth Jailed

Two La Salle youths were sentenced: August 19th after pleading guilty to breaking and entering a factory and stealing an electric drill.

Victor Roberts, 13, who had a previous record and was under two years' suspended: sentence at the time of the offence, was sentenced to mine months definite and three months indefinite am three months indefinite amprisonment.

ment.

"Ossar Whitney, 17, who had no previous record, was given a two years' suspended

Faces Deportation



Golf Champion



Twelve-year-old 89-pc BROWNLEE of Toro

Leads Softball League

DEATHS

CONSIE—Joseph, 68 years;
August 13, 1953, at Metropolitan Hospital. Dear father of Josephine, at home, Malden Road, Sandwich West.
KAVANAUGH—Charles Edward, 72 years; suddenly July 30, 1953, at Windsor. Beloved father of Edward, Mrs. J. M. Kelly (Irene), Mrs. G. C. Basden (Marjorie), Mrs. E. B. had been dismissed with re-White (Lucy Juel), all of La Salle; Earl, Mrs. H. J. Natrais rying a gun without proper Rouge.

M. B. Eaubien (Edna), River Rouge.

SOULLIERE — Nelson, Sr., 50 years; auddenly August 14, 1933, at his home, 903 Grand Maraís Road. Beloved husband of Alice and dear father of Nelson Jr., of La Salle; Fred, Bert, John, Roger and Alice and testing will be held Tuesday. Bert, John, Roger and Alice and testing will be held Tuesday. Bert, John, Roger and Alice and the service husband of Sarah Ellen Twigg, R. R. No. 1, Malden Robert, Leo, 69 years; August 14, 1953, at residence, 1319 Glengarry. Husband of the Carlotte of Mrs. Harry Boismier (Marie), La Salle, are having a "Get Re-acquainted Party" for the addies of the parish on Wed-late Paulino. Dear father of Mrs. Harry Boismier (Marie), La Salle, are having a "Get Re-acquainted Party" for the Roday afternoon, September 2nd, at 2:00 pm.

LA SALLE COUNCIL MEETING

Sunnyside Hotel
Leads Soffbell League

Sunnyside Hotel has taken the lead away from Bart the lead away from Bart the lead away from Bart to Don't be the lead away from Bart to Don't be lead to

day, August 17th. They were victorious over La Salle Oil, 10-8.

At Wednesday's game, August 19th, Community Market head 1 such 19th, Community Market head

the property he intended to purchase, for final settlement within fifteen days.

Prosecution will be served to all dog owners without 1953

and meet your neighbours at the church.



PETER THE SECOND, the B

Out in Front



Marlene Stewart, the darling of Fonthill, Ont., takes a few practice swings with her trusty putter before going out to win the Canadian Woman's closed championships at London, Ont.

Red Tank Stands Guard



SANDWICH WEST COUNCIL MEETING

18th, in the town hall.

A meeting is to be held with the bus lines to re-route the buses in order to take the children into high school in Windsor.

The term of the school in the scho

children into high school in Windsor.

The township recently purchased an apphalt distributor for road surfacing. They have already surfaced approximately eight miles throughout the township.

An advertisement will be made for a half-ton panel truck to satisfy the needs of the water department.

A children's playground is much needed in the Grand Marais Road area. A meeting will be taking place with regards to making arrangements for such a playground.

Avoid Overweight By Eating Bigger Breakfast

Illogical as it sounds, skimpy breakfasts may be a cause of fatness, and the practice of eating bigger breakfasts may keep you thin, states an article in the September Reader's Pierest

Illogical as it sounds, skimpy breakfasts may be a cause of fatness, and the practice of cating bigger breakfasts on article in the September Reader's Digest.

Breakfast is the most important meal, the Digest says. Fruit juice, cereal with milk, an egg and becon, toast and coffee, will add fewer pounds in the long run than a breakfast of only coffee and sweetfast of only coffee and sweetfast of only coffee and sweetfast contains roughly 200 more calories, it will carry about over with no mid-morning snack and less desire for a big lunch or dinner. Protein content is the answer: 17 gards and sweetfast in the other.

When the sugar level of our blood rises to a certain point we no longer feel hungary, the Patiesia Ave. Basha and since the sum of the s

in the larger meal and only 4 in the other.

When the sugar level of our blood ries to a certain point we no longer feel hungry, the article points out. As we expend energy, the sugar level drops and we are hungry again.

Carbohydrate foods, such as offee with sugar, and rols again. For the sugar level, but they hold it above the hunger begins again, proteins also raise the sugar level, but they hold it above the hunger mark far longer. Since fats slow down the rate to the sugar level, but they hold it above the hunger mark far longer. Since fats slow down the rate to the sugar level. The man who starts his workday with only coffee and proteins are digested, they too help maintain a more constant blood-sugar level.

The man who starts his workday with only coffee and proteins real function of the sugar level. The man who starts his workday with only coffee and protein breakfast. By the end of the day he will have consumed far more calories than if he had eaten the heartier breakfast.

Those who cannot face a big. The sugar level of the day he will have consumed far more calories than if he had eaten the heartier breakfast.

Those who cannot face a big. The sugar level of the sugar level.

The mext meeting of the La salie Chamber of Commerce will take place in the private sugar level of the sugar level. The mext meeting of the La salie Chamber of Commerce where the sugar level of the sugar level. The mext meeting of the La salie Chamber of Commerce where the sugar level of the sugar level. The sugar level of the sugar leve

PERSONALS

COUNCIL MEETING

The regular meeting of the Sandwisch West Council took place Teseday evening. August 18th, in the town hall.

A meeting is to be held with the her lines to vercettle the her where to vercettle the plant of the second of the

Mr. and Mrs. Lawrence Hanna, nee Betty Lenover, are pleased to announce the birth of a daughter, 7 lbs., 14 oz., on August 18, at Grace Hospital.

Mrs. Angela Lachia and her son, Bruno, of La Salle, have returned home from a two-week vacation in Sudbury where they attended the wedding of Mrs. Lachia's niece.

Mrs. Enile Labrecque form-erly of La Salle, now of Yaw-key, is critically ill at Metro-politan Hospital.

Mr. and Mrs. William Yuz-walk of Lafferty Street, La Salle, recently moved to De-troit where Mr. Yuzwalk is employed.

breaklast.

Those who cannot face a hig will take place in the private breakfast can work up a dining room of the Sunnyside moderate exercise before this meal, the Digest advises.

The next meeting of the La Salle Chamber of Commerce will be private will take place in the private breakfast appetite by taking Hotel on Monday, August 24, at 9:00 p.m.

All members please attach.

CONFEDERATION COAL AND COKE LIMITED 3510 Russell

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PAJOT AGENCY Ph. 2-7722 — 4-7408

RECIPE HINTS



Little-Known Facts

The winds inside the spiral of a tornado, often reaching 500 miles an hour, produce some seemingly supernatural results. Blades of grass are blown into fence posts; straws are driven into tree trunks to the depth of an inch; the suction of the tornado funnel strips the feathers from chiefes and drains the water from wells.—Reader's Digest:

cipals, 50%, ", sales managers, 50%, salesmen, 50%. Life insurance policies averaged \$2.50% for men 5 feet tall, and increased stendy, for men of taller stature, to an average of taller cannibalism, however, \$8,180 for 64% giants. "Brillwas "ceremonial" only, that is liant exceptions" to the rule, exclusively associated with hitbal rituals. The Maoris even had a dispareging word—"kintengato"—to describe any one who indulged his taste for leg of man on non-ceremonial

the '53 LEONARD

An amazing 7.1 cu. ft. of safe, cold refrigerator space in this New Leonard "Space-Saver" model that is only



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THREE STEPS TO PERSONAL PEACE

"Few of us realize how ne-celerated the rate of our lives has become, or the speed at which we are driving our-selves," writes Dr. Norman Vincent Peale in the Septem-ber Reader's Digest. Dr. Peale, a well-known minister and author of several books on self-help, contends that "men and women are destroying their bodies by this pace—and, what is more tragic, their minds and souls as well." Everyone should insist on

what is more tragic, their minds and souls as well."
Everyone should insist on not less than a quarter-hour of absolute quiet every 24 hours. To achieve complete detachment, Dr. Peale says, "Go alone into the quietest place available and sit or lie down for 15 minutes. Do not talk to anyone. Do not read. Think as little as possible."
Emotional control, though difficult at first, may be developed by working at it regularly, and persistently, "The scert is to keep the mind quiet, avoid all hasty reactions, keep the tempe down."
The Digest article ofters three rules for the achievement of personal peace, based on a "formula" used by Capt. Eddie Richenbacker, famous

Eddie Rickenbacker, famous

airman.

First, collapse physically.

Let go every muscle in the body. Form a mental picture of a huge burlap bag of potatoes. Then mentally cut the bag, allowing the potatoes to roll out. Think of yourself as the bag. What is more relaxed then are centre burlen bur?

the bag. What is more relaxed than an empty burlap bag? Second, drain the mind of all irritation, resentment, disappointment. To do so, think of the most beautiful and peaceful secens you know—a mountain at sunset, a valley in the hush of early morning, a lake by moonlight.

Third, turn the mind to God. At least three times a day "lift up your eyes unto the Nalls."



GEN, MARK CLARK, Supreme United Nations C Far East, signs the Armistice documents at h Munsan after they had been brought to him fi where the chief negotiators had affixed their

Future Miss America?



THE MENACE OF "MOPES" ON THE HIGHWAY

The highway slowpoke—the "mope" who drives 30 miles an hour in a 50-mile zone, holding up a long line of ears beind him — is almost as dangerous as the speeder, says the September Reader's Digest. "Safety-minded and usually law-abiding drivers are often goaded into taking desperate chances to get ahead of the roadblock caused by the mope. Seldon involved in an accident himself, the mope is the primary cause of some 20 percent of all head-on automobile fatalities." Despite the accident potential the slow driver creates, his menace is still considered passive rather than active by courts and insurance companies. Usually he believes himself to be a very safe driver and would be astonished to realize that he is more often a factor in causing accidents. Automobile associations and highway officials, however, have become acutely mope-conscious. Although federal laws do not forbid slow driving, some provinces and cities have passed acts which permit the police to direct cars off the road or to step up speed when they are impeding traffic. Highway police are discouraged from enforcing the minimum speed laws because of the lenient treatment accorded down on the slow driver. In New Yark, the "creeper" may be charged with reckless driving. New Hampshire patrolumn frequently order the mope to the side of the road and hold him there, after a stern reprimand, until the traffic he has blocked behind him has passed.

Such action, even in a tew places, indicates that the mope is at last below car,

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La Salle Ladies' 5-Pin Bowling

The LaSalle Ladies' 5-Pin Bowling League, at the close of their last season, elected the following officers: President, Mrs. Maria Giles; secre-tary, Mrs. Janet Craig; treas-urer, Mrs. Clare Gignac. The league will commence Tuesday, September 1st. For-mer members and any lady in-terested in bowling 5-pins this year, please be present at 8:00 p.m.

p.m.

More information about joining the league may be obtained by telephoning 6-1475.

NOTICE TO SUMMER BOWLERS

The date for the La Salle Summer Bowling League ban-quet will be determined at a later date.

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List Your Property With Us We Have Cash Buyers Waiting Flash Bulb Camera on Reaume J. E. LOREE, REALTOR Road, LaSalle, 3506 Sandwich St. W. 2-8186 Stan Reaume.

DENTIST

Desires 2 rooms on 18 highway to be used as offices. Anyone having rooms in LaSalle, oz vicinity. Kindly call imme-diately 2-7722. "Pajot's".

FOR SALE

room bricksiding Cottage with 2 or 6 acres of best Garden land, \$4,500. Terms Earl O'Gorman - Ph. 4-5608

BUILDING CONTRACTOR Block Laying and Carpenter Work. — A. Lucier - Corner Front Road and River Road LaSalle Ontario.

2 chairs, china cabinet, 50-lb, white enamel ice box. Reasonable. Apply 16 Whanita St LaSalle. Back of Sunnyside

FOR SALE G.E. Delux Refrigerator - New condition. Used less than year. Sacrifice to settle estate. Phone 3-6123.

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5. Commencing in the year 1954 and thereafter in each year in which an instalment or principal of the said debt and interest become due, the School Board shall levy and raise the specific sum shown for the respective year in the fourth column of the said Schedule. Such sum shall be levied and raised by a special rate sufficient therefor, over and above all other rates, upon all the rateable property in the School Section assessed to Separate School Supported.

6. The said debentures may contain a clause providing for the registration thereof pursuant to Section 335 of the Municipal Act.

Municipal Act.
7. Pending the sale of the said debentures, the Chairman
of the School Board and the Treasurer may raise for the purpose aforesaid by way of loan on such debentures, any sum
or sums of money not exceeding in all the sum hereby authorized to be borrowed and may hypothecate such debentures for

such loan.

8. The School Board shall have the right, at its option. 8. The School board shail have the right, at its option, to redeem the said debentures either in whole or in part on any date prior to maturity at the places where and in the monies in which the said debentures are expressed to be payable, upon payment of the principal amount thereof together with interest accrued to the date of redemption and upon giving able, upon payment of the principal section with interest accrued to the date of redemption and upon giving previous notice of said intention to redeem by advertising once in the Ontario Gazette and once in a doly newspaper of general provincial circulation, published in the City of Windsor, and once in a local newspaper, if any, such notice to be advertised as aforesaid at least thirty days before the date fixed for redemption. Notice of intention so to redeem shall also be sent by post at least thirty days prior to the date set for such redemption of each person in whose name a debenture so to be redeemed, such portion shall comprise only the debentures that have the latest maturity dates and no debenture of this issue shall be called for such redemption in priority to any such debenture that have the latest maturity date.

READ a first and second time this 13th day of Aug, 1953.

H. Coughein Chairman
H. P. Marentette
H. P. Marentette

H. P. Marentette

Secretary READ a third time and finally passed this 13th day of August, 1953.

H. Coughein Chairman H P Marentette

THIS IS SCHEDULE "A" TO BY-LAW NUMBER 5 OF THE ROMAN CATHOLIC SCHOOL SECTION NUMBER 4 IN THE TOWNSHIP OF SANDWICH WEST FINALLY PASSED ON THE 13th DAY OF AUGUST, A.D. 1953.

0.	Principal	Interest	Principal Due
	\$3,000.00	5% per annum	Aug. 15, 1954
	\$3,000.00	5% per annum	Aug, 15, 1955
	\$3,000.00	5% per annum	Aug. 15, 1956
	\$3,000,00	5% per annum	Aug 15 1957

FOR THE LADIES!

Now is the time to do your preserving. Here a couple of conserve recipes which, if you have not tried, we recommend

Cantaloupe and Peach Concantaioupe and Feach Con-serve: 2 cups diced peaches, 2 cups diced cantaloupe, 2 lem-ons, shredded, 3 cups sugar, 34 cup broken nuts. Combine all ingredients except nuts. Heat ingredients except nus. Reat slowly to boiling, stirring until sugar is dissolved, then cook rapidly until thick. Add nuts. Pour into clean hot glasses and seal with paraffin. Makes 5 (6 ounce) glasses.

Peach, Orange and Cherry Conserve: 20 peaches, 6 or anges. Skin and stone peaches Put through grinder. Remove pits from oranges and put or anges through grinder. Meas anges through grinder. Meas-ture fruit and put 1 cup sugar to 1 cup fruit. Add juice of small bottle of maraschino cherries. Boil slowly for half-hour, then add chopped cher-ries and cook 10 min. longer. Pour into clean hot glasses and seal with paraffin.

St. Paul's Church Malden & Elliott, Sandwich W Every Friday 8 P.M.

ADMISSION 50c

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EFFECTIVE AUGUST 3rd, 1953

Benefit will be paid for days of illness, injury or quarantine, if claim has been filed and waiting and non-compensable days served.

If you are on claim and are unable to report because of illness, injury or quarantine, write immediately for full particulars to the nearest NATIONAL EMPLOYMENT OFFICE

UNEMPLOYMENT INSURANCE

COMMISSION

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Roman Catholic School Section Number 4. The Corporation of the Township of Sandwich West, BY-LAW NO. 5

A by-law to authorize the borrowing of Twelve thousand dellars (\$12,000,00) by the issue of debenures upon the credit of the School Board for the payment of certain capital expenditures.

WHEREAS it is expedient to borrow the sum of Twelve

housand dollars (\$12,000.00) upon the credit of the School nousand dollars (\$2,000.00) upon the treat of the Scalebo Board to issue debentures therefor bearing interest payable annually at the rates shown in the third column of Schedule "A" attached to this by-baw and to provide for the discount and expenses incidental to the negotiation and sale of such

and the state of the same and t AND WHEREAS it is expedient to make the principal of

and no part of the principal os interest of such

debt is in arrear; THEREFORE the Board of Trustees of Roman Ca-tholic School Section Number 4 in the Township of Sandwich West ENACTS AS FOLLOWS;

1. For the purpose aforesaid the School Board shall borrow upon the credit of the School Board a sum not exceeding Twelve thousand Dollars (\$12,000.00) and shall issue debentures therefor in sums of not less than One Hundred dollars (\$100.00) cach, Each debenture shall bear interest at the rates set out for the respective years in Schedule "A" attached to this by-law and shall have coupons attached thereto for the

payment of the said interest.

2. All the debentures shall be issued at one time and with-2. All the debentures shall be issued at one time and within one year after the day on which this by-haw is passed, may bear any date within such year and shall be made payable in annual instalments during the period of four years next after the date of issue thereof, and the respective amounts of principal and interest payable in each of such years shall be the amounts so designated in Schedule "A" hereto annexed.

3. The debentures shall be sealed with the seal of the School Board and signed by the Chairman of the School Board or by some other person authorized by by-haw to sign the same, and by the Treasurer. The said interest coupons shall be signed by the Treasurer and his signature thereon may be written.

by the Treasurer and his signature thereon may be written stamped, lithographed or engraved.